Skills training, alcohol plus general life skills: Parent-based alcohol communication training

Parent-based alcohol communication training is a campus-sponsored program for parents of students, particularly incoming freshmen, to train parents to effectively talk with their children about alcohol use, avoidance, and consequences.

- **Effectiveness:** ★★★ = Moderate
- **Cost:** $$ = Mid-range
- **Barriers:** # = Lower
- **Research Amount:** **** = 11+ studies
- **Public Health Reach:** Focused
- **Primary Modality:** Offsite
- **Staffing Expertise Needed:** Coordinator
- **Target Population:** Individuals, underage, specific groups, or all students
- **Duration of Effects:** Short-term (< 6 months) effects; mixed long-term (≥6 months) effects

**Potential Resources:**
For information about intervention designs and implementation, check the articles in the References tab.

**References:**


Additional studies not identified in prior reviews


**References from 2019 update**


