



**TIPS FOR A SUCCESSFUL APPLE  
ACTION PLAN**  
(WE BELIEVE IN YOU!)

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**RECRUIT A  
WINNING TEAM**

Who should you add to your APPLE team?  
(Think about campus & NCAA/national resources!)

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**SCHEDULE IT NOW!**



School	Completion Rate
School A	10%
School B	20%
School C	60%
School D	90%

**90% of the schools** that completed 50% (or more!) of their Action Plan had one thing in common:

They **scheduled their first meeting** either AT the Training Institute or within 2 weeks!

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## CREATE A PLAYBOOK

- Schedule meetings for the rest of the term
- Set up milestones and progress checkpoints
- Strive for excellence, not just checking boxes!

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## HAVE A STRONG DEFENSE

Teams who were less successful reported being stalled by time/personnel constraints, and said their teams had stopped meeting.

**PLAN AHEAD SO YOU CAN KEEP MOVING FORWARD!**

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## KEEPING SCORE

**Who** will track your APPLE info & your Action Plan?

**How** and **where** will information be stored and shared?



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## DON'T RUN DOWN THE CLOCK

Don't waste energy by attempting to work on multiple Slices, or by dwelling on **problems** instead of focusing on **solutions**.

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## TURNOVER? (ON YOUR ATHLETICS STAFF, THAT IS)

Make a plan so your team knows who will support and collaborate with them going forward!



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## DID YOU WIN?

### TIME TO EVALUATE!

Compare student awareness, attitudes and/or behaviors before and after your Action Plan implementation.

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## EVALUATION STRATEGIES

- Focus groups
- In-depth interviews
- Survey data

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## GOOD LUCK!

WE'LL CHECK IN SOON TO SEE HOW YOU'RE DOING ON CAMPUS, AND WE'RE ALWAYS HERE TO ASSIST!



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