I have witnessed a situation, at least once, where someone’s health and safety were impacted due to:

- Drinking
- Hazing
- Sexual Assault/Domestic Violence/Harassment/Stalking
- Discrimination (race, gender identity, sexual orientation, etc.)
- Depression or other mental health issues
- Disordered Eating
- Anger/Physical confrontation
- None of the above
Could a problem have been avoided if someone intervened?
\frac{9}{10}
Whose responsibility is it to intervene?
Individual Leadership

DO SOMETHING!

Shared Responsibility
THE BYSTANDER EFFECT

People are less likely to help when they are in a group than when they are alone.
Diffusion of Responsibility:
The larger the crowd, the less likely someone gets help
Conformity:
We follow what others do
Unclear Situations

- Yes
- No
- Maybe
Obedience to Authority: Not trusting yourself
Willful Neglect: Choosing to ignore
Social and Cultural Identities
Ability: Mental and/or Physical

- Ethnicity
- Age
- Culture
- Gender
- Sexual Orientation
- Body Size/Shape
- Income
- Race
- Religious, Social, or Political Beliefs
From Passive to Active

5 Steps to Intervention
The Step UP! Model

1. Notice the Event
2. Know if it is a problem
3. Decide it’s your responsibility to help
4. Know how to help
5. Implement the help – Step UP!

Latane and Darley
1. Notice the Event
2. Know if it’s a problem
3. Decide it’s your responsibility to help

IF NOT YOU, THEN WHO?
4. Know How to Help
The 5 Ds

• Direct
• Distract
• Delegate
• Delay
• Document

Source: Southern Poverty Law Center
5. Step UP!
The S.E.E.K. Model

Safe
Early
Effective
Kind
Perspective
What do you see?
Small group activity!
Situation

You are at a party. During the past hour you notice that your friend Chris has been talking to another friend, Sam. They seem to be having a good time but it is clear that Chris has had too much to drink. At one point you overhear Sam say, “I’m just going to get Chris ‘one more.’” A few minutes later you see Sam put an arm around Chris and start to lead Chris upstairs.

- What issues are ambiguous in this scenario?
- Using the 5 Ds, what are some ways you could help?
Why students DO help

#1 reason: It's the right thing to do
Each of us CAN make a difference
STEP UP! FACILITATOR CONFERENCE: JULY 13-14, 2020

Join us in Indianapolis, Indiana, for the fifth national Step UP! Bystander Intervention Program Facilitator Conference.
Easy to access resources for facilitators and students.

MAKE A DIFFERENCE

Step UP! is used by athletics, Greek life, student affairs, campus health, violence prevention centers, residence life and many others.