Student-Athlete Peer Education Programs & Activities
SAM Programs Across the Country

- **Focus**
  - Primary – Education
  - Secondary – Community Service, Leadership

- **Activities**
  - Educational programming
  - Mentoring relationships
  - First year involvement and connections
- Each team must have at least two representatives
- Nomination/volunteer selection
- Directed by SAM Council
- Co-advised by Phil Gates (Athletics) & Holly Deering (Gordie Center)
SAM Responsibilities

Attend initial and on-going training

- Monthly meeting

Wellness programming

- 1 program/semester/team

- Post monthly SAMs Say posters in locker rooms

Internal resource on wellness issues and resources
Game Night

- End of October from 7-830pm
- All student-athletes invited
- Held in the football practice field
- Pizza provided
- All-sport t-shirts
Tell us about your SAM group or activities that are held for student-athletes at your school!