Implement bystander interventions

In this context, bystander intervention programs offered by campuses are designed to increase a student’s capacity and willingness to intervene when another student may be in danger of harming him/herself or another person due to alcohol use. Bystander intervention programs also are used to reduce consequences of drug use, sexual assault, and other problems. NOTE: This strategy does not seek to reduce alcohol availability, one of the most effective ways to decrease alcohol use and its consequences.

- **Effectiveness**: ? = Too few robust studies to rate effectiveness—or mixed results
- **Cost**: $$ = Mid-range
- **Barriers**: # = Lower
- **Research Amount**: * = 3 or fewer studies

- **Public Health Reach**: Focused
- **Staffing Expertise Needed**: Coordinator
- **Target Population**: All students
- **Research Population**: College

**Potential Resources:**
Resources identified only for strategies rated effective.

**References:**
*References from 2019 update*