



Addressing Campus Sexual Assault and Interpersonal Violence

www.ncaa.org/violenceprevention



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I know someone who...

- has been sexually assaulted
- has been stalked
- has been in a violent dating/domestic relationship
- None of the above



How can these issues impact teams?

- Sexual assault
- Domestic/dating violence
- Stalking





6 groups

- Sexual assault
- Domestic/dating violence
- Stalking

- Victim red flags
- Perpetrator red flags



List red flags on sticky notes

Post on the wall in your group's designated area

How could you help if you saw a teammate red flag?



- Sexual assault
- Domestic/dating violence
- Stalking



How would a recruit know that violence is not ok in your athletics department?



Athletics' Role in Support of Safe and Healthy Campuses

- Compliance with Federal Regulations
- Prioritizing Education and Prevention
- Collaboration with Campus Experts





It's On Us | Sexual Assault PSA | Henderson State Student-Athlete Advisory Committee

NCAA Commitments

- To spread the It's On Us Campaign
- To work with athletics to assure a hostile free environment
- To educate all student-athletes, coaches and staff about sexual violence prevention, intervention and response
- To report immediately any suspected sexual violence to appropriate campus offices for investigation and adjudication
- To continue to support Bystander Intervention Training

myPlaybook Sexual Assault Module

- Demonstrates that sexual assault is a problem
- Describes what sexual assault looks like
 - recognition of signs of abusive behavior
- Provides information on student rights and campus obligations
- Highlights the role of alcohol
- Builds skills related to sexual assault prevention
 - communication/language
 - seeking consent
- Introduces basic bystander intervention strategies
 - risk appraisal
 - prepares student-athletes for future training in Step UP!



Bystander Intervention

- Raise awareness of helping behaviors (why people do or do not help)
- Increase motivation to help
- Develop skills and confidence when responding to problematic behaviors
- Ensure the safety and well being of others

www.stepupprogram.org



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RAINN National Week of Action - Nov. 17 - 21

A conversation toolkit for talking about campus sexual assault

- Protecting Your Friends
- How To Support a Friend After an Assault
- Questions For Students, Administrators and Policymakers
- How To Get Involved Long-Term
- Social Media Content
- Hotline Info Cards (formatted for double-sided printing)



Rape Abuse and Incest National Network

<https://www.rainn.org/its-on-us-take-action>

Sexual Assault Awareness Month & SAAC

nsvrc.org/saam/sexual-assault-awareness-month-home

SAAM Day of Action

- **Tuesday, April 7, 2015.**
- Nationally recognized in the United States as a specific day to focus awareness on sexual violence prevention.
- Raise awareness, media attention and national momentum for ending and preventing sexual violence.
- SAAM [campaign materials](#) and resources for ideas on how to observe this day in your community.
- Check out our [Event planning guide](#), [Social media toolkit](#), and [How to create a campaign](#)

MIND, BODY AND SPORT

Understanding
and Supporting
Student-Athlete
Mental Wellness



- Personal narratives
- Experts on student-athlete depression, anxiety, eating disorders, substance abuse, gambling
- Stressors on student-athlete mental health: transitions, performance, injury, academic stress, coach relations
- Sexual assault, hazing bullying
- Cultural pressures: African-American student-athletes; Lesbian, Gay, Bisexual and Transgender student-athletes
- Roles & responsibilities of sports medicine staff
- Coaches' needs and roles
- Models of service
- NCAA resources and policies



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