Addressing Campus Sexual Assault and Interpersonal Violence

www.ncaa.org/violenceprevention
I know someone who...

• has been sexually assaulted
• has been stalked
• has been in a violent dating/domestic relationship
• None of the above
How can these issues impact teams?

• Sexual assault
• Domestic/dating violence
• Stalking
6 groups

- Sexual assault
- Domestic/dating violence
- Stalking

- Victim red flags
- Perpetrator red flags
List red flags on sticky notes

Post on the wall in your group’s designated area
How could you help if you saw a teammate red flag?

- Sexual assault
- Domestic/dating violence
- Stalking
How would a recruit know that violence is not ok in your athletics department?
Athletics’ Role in Support of Safe and Healthy Campuses

- Compliance with Federal Regulations

- Prioritizing Education and Prevention

- Collaboration with Campus Experts
It's On Us | Sexual Assault PSA | Henderson State
Student-Athlete Advisory Committee
NCAA Commitments

– To spread the It’s On Us Campaign

– To work with athletics to assure a hostile free environment

– To educate all student-athletes, coaches and staff about sexual violence prevention, intervention and response

– To report immediately any suspected sexual violence to appropriate campus offices for investigation and adjudication

– To continue to support Bystander Intervention Training
myPlaybook Sexual Assault Module

• Demonstrates that sexual assault is a problem
• Describes what sexual assault looks like
  • recognition of signs of abusive behavior
• Provides information on student rights and campus obligations
• Highlights the role of alcohol
• Builds skills related to sexual assault prevention
  • communication/language
  • seeking consent
• Introduces basic bystander intervention strategies
  • risk appraisal
  • prepares student-athletes for future training in Step UP!
Bystander Intervention

• Raise awareness of helping behaviors (why people do or do not help)
• Increase motivation to help
• Develop skills and confidence when responding to problematic behaviors
• Ensure the safety and well being of others

www.stepupprogram.org
RAINN National Week of Action - Nov. 17 - 21

A conversation toolkit for talking about campus sexual assault

- Protecting Your Friends
- How To Support a Friend After an Assault
- Questions For Students, Administrators and Policymakers
- How To Get Involved Long-Term
- Social Media Content
- Hotline Info Cards (formatted for double-sided printing)

Rape Abuse and Incest National Network

https://www.rainn.org/its-on-us-take-action
Sexual Assault Awareness Month & SAAC

nsvrc.org/saam/sexual-assault-awareness-month-home

SAAM Day of Action

• Tuesday, April 7, 2015.
• Nationally recognized in the United States as a specific day to focus awareness on sexual violence prevention.
• Raise awareness, media attention and national momentum for ending and preventing sexual violence.
• SAAM campaign materials and resources for ideas on how to observe this day in your community.
• Check out our Event planning guide, Social media toolkit, and How to create a campaign
- Personal narratives
- Experts on student-athlete depression, anxiety, eating disorders, substance abuse, gambling
- Stressors on student-athlete mental health: transitions, performance, injury, academic stress, coach relations
- Sexual assault, hazing bullying
- Cultural pressures: African-American student-athletes; Lesbian, Gay, Bisexual and Transgender student-athletes
- Roles & responsibilities of sports medicine staff
- Coaches’ needs and roles
- Models of service
- NCAA resources and policies