



Promoting Student-Athlete Wellness
and Substance Misuse Prevention

[APPLE Model](#)

[Training
Institute](#)

[DII Institute](#)

[Resources](#)

[About](#)



LEARN



ALCOHOL, CANNABIS, & TEAM SUCCESS

FREE WEBINAR. THURSDAY, MARCH 4TH 4-5PM EASTERN

Looking for models of how to engage student-athletes in substance misuse education while keeping physically distant? Need an APPLE education booster session? Want to introduce others at your institution to APPLE?

Join us **Thursday, March 4th at 4pm Eastern** for a FREE live presentation of our APPLE core curriculum session, *Alcohol, Cannabis, and Team Success*. We will utilize Menti.com so attendees can participate in live polls throughout the program. This is an excellent opportunity to share APPLE with others at your institution without traveling!

Attendance is limited to the first 300 Zoom attendees so be sure to **register** by March 1st to receive the presentation link.



CONNECT

NCAA Division II APPLE Training Institute



The NCAA Division II APPLE Training Institute is scheduled for September 17-19, 2021 in Orlando, FL. Up to 40 DII schools will be selected to attend. Each conference commissioner is encouraged to nominate two member schools, with a deadline of April 1. Division II schools should reach out to their Conference staff directly to indicate interest in attending the 2021 DII APPLE. We have created an **overview** of the DII APPLE requirements and benefits to help you gain administrative support to send a team.

Voices of Athlete Well-Being: Stories from Black Athletes and Allies

Join our educational partners at the **Institute to Promote Athlete Health & Wellness at**

University of North Carolina at Greensboro for their Voices of Athlete Well-Being series: Stories from Black Athletes and Allies on **Thursday, February 25th at 2pm Eastern**. [Click here to register for the event.](#)

Kristin Rusboldt, UNC Greensboro's Associate AD for Student-Athlete Support Services/Diversity & Intercultural Engagement, will facilitate a conversation with black athletes and allies to discuss their sport experiences and explore directions for support and advocacy. Kristin will be joined by:

- *DeAnne Brooks*, AP Associate Professor of Kinesiology at UNC Greensboro. DeAnne is a former NCAA All-American student-athlete and has coached track and field on the youth, high school, and collegiate levels for over 20 years.
- *Leland Brown*, a former NCAA student-athlete and Founding Director of Operations, Promise Prep and Co-Founder of The Exchange "Diversifying the workplace one exchange at a time."
- *Joe Ehrmann*, a 13 year professional football player, is the author of the book, *InSideOut Coaching: How Sports Can Transform Lives* and is the subject of New York Times Best-Seller, *Season of Life: A Football Star, a Boy, A Journey to Manhood*.



New: Hazing Prevention Videos

With the next semester or quarter underway, students-athletes are resuming practice and starting/resuming their seasons. Even in a time of social distancing and ZOOM meetings, hazing can happen to anyone. Our two most recent short videos provide tips for **planning new member programs** that do not involve hazing, and offer guidance for **students who are being hazed**. We encourage you to watch and share these videos as well as the others we offer on our [YouTube channel](#).





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