Taking APPLE Back Home: Tips for successful action plan implementation

Top barriers reported by schools at the 2019 DII-only APPLE

What challenges have you encountered while implementing your action plan? Check all that apply.

- Time/personnel constraints (e.g., finding time to meet between other work responsibilities): 60%
- Change in primary APPLE team members: 44%
- Student APPLE team members graduated: 24%
- APPLE team is no longer meeting: 20%

PLANOHEAD SO YOU CAN KEEPMOVING FORWARD!

HAVE A STRONG DEFENSE

Teams who were less successful reported being stalled by time or personnel constraints and said their teams had stopped meeting.

PLAN AHEAD SO YOU CAN KEEP MOVING FORWARD!
What ideas do you have to ensure you have TIME to devote to your action plan?

SCHEDULE IT NOW!
90% of schools that completed 50% or more of their action plan had one thing in common:

They scheduled their first meeting either at the Training Institute or within 2 weeks!

More work on your APPLE Action plan up front...
Means less work and more help down the road
RECRUIT A WINNING TEAM

Who should you add to your APPLE team?
(Think about campus and NCAA DII & SSI resources!)

Who do you plan to add to your APPLE team?

What ideas do you have to minimize the impact of personnel changes, including graduating seniors?
TURNOVER ON YOUR ATHLETICS STAFF?

Make a plan so your team knows who will support and collaborate with them going forward!

KEEPING SCORE

WHO will track your APPLE info and Action Plan?

How and where will information be stored and shared?

What ideas do you have to increase ENGAGEMENT with your action plan?
CREATE A PLAYBOOK

- What will progress look like?
  Envision it!
- Ensure everyone is needed. Divide larger tasks into smaller ones so everyone contributes to the team goal.
- Set up milestones and progress checkpoints
- Strive for excellence, not just checking the box.

Create an APPLE team commitment agreement

https://youtu.be/DxeNQu7dJYI
25% of DII schools attending the 2020 association-wide APPLE said lack of administrator buy-in was a barrier.
Focus on solutions instead of dwelling on problems.

Attempting multiple slices will waste energy.

What other challenges do you anticipate?

Plan for evaluation

Compare student:
- Awareness
- Attitudes
- Behaviors

before and after your Action Plan implementation
EVALUATION STRATEGIES

- Formal surveys
- Informal feedback
- Focus groups
- In-depth interviews

GOOD LUCK!

WE’LL CHECK IN SOON TO SEE HOW YOU’RE DOING.

WE’RE ALWAYS HERE TO ASSIST!

Go to www.nerob.com and use the code 75619604

General suggestions for action plan success:
Before you leave, complete your...

- Team Action Plan (online)
- Individual Conference Evaluations (online)
- Individual Post-Tests (online)

Team Contacts will receive an email from the Gordie Center in late NOVEMBER with the first post-conference survey!

THANK YOU!