

INVOLVING YOUR STUDENT-ATHLETE ADVISORY COMMITTEE IN YOUR ACTION PLAN



MAKE IT *YOURS*™

PANELISTS

- **Braydon Kubat**

University of Minnesota Duluth
Cross Country/Track

- **Kiana Wiggins**

Caldwell University
Tennis



MAKE IT *YOURS*™



MAKE IT *YOURS*™

0:00 / 1:58

▶ ⏸ 🔊

CC ⚙️ 📺 🗉

A video player control bar with a gradient background. It includes a play button, a pause button, and a volume icon on the left. The center shows the time "0:00 / 1:58". On the right, there are icons for closed captions (CC), settings (gear), a full-screen icon, and a share icon.

What does the
National SAAC do for
DII student-athletes?



MAKE IT *YOURS*™

What issues nationally
surrounding
mental health and
substance abuse and
student-athletes?



MAKE IT *YOURS*™

What are ways to
involve SAAC in your
team's APPLE action
plan?



MAKE IT *YOURS*™

How do you increase
engagement in
student-athletes?



MAKE IT *YOURS*™

How does your SAAC operate
at your institution?
What are your responsibilities
and activities?



MAKE IT *YOURS*™

Questions from the audience



MAKE IT *YOURS*™