

TIPS FOR A SUCCESSFUL APPLE ACTION PLAN



RECRUIT A WINNING TEAM

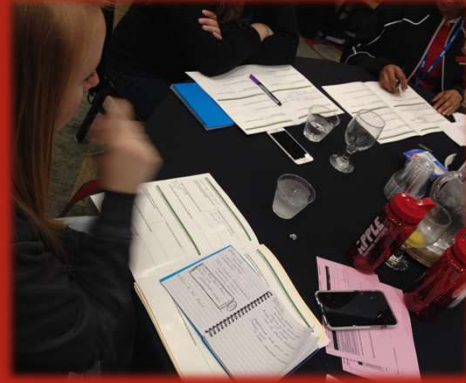


Who should you add to your APPLE team?
(Think about campus and NCAA/national resources!)

SCHEDULE IT NOW!

90% of the schools that completed 50% or more of their action plan had one thing in common:

They **scheduled their first meeting** either at the Training Institute or within 2 weeks!



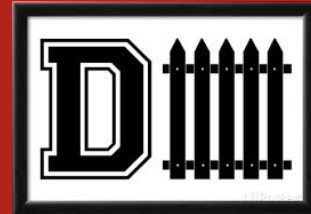
CREATE A PLAYBOOK



- Schedule meetings for the rest of the academic year
- How will you make progress this summer?
- Set up milestones and progress checkpoints
- Strive for excellence – not just checking off the boxes!

HAVE A STRONG DEFENSE

Teams who were less successful reported being stalled by time or personnel constraints and said their teams had stopped meeting.



PLAN AHEAD SO YOU CAN KEEP MOVING FORWARD!

KEEPING SCORE

WHO will track your APPLE info and Action Plan?

How and **where** will information be stored and shared?



DON'T RUN DOWN THE CLOCK



Focus on **solutions** instead of dwelling on problems.

Attempting multiple slices will waste energy.

TURNOVER ON YOUR ATHLETICS STAFF?

Make a plan so your team knows who will support and collaborate with them going forward!



DID YOU WIN?

TIME TO EVALUATE!

Compare student awareness, attitudes, and/or behaviors before and after your Action Plan implementation



EVALUATION STRATEGIES



- Formal surveys
- Informal feedback
 - Focus groups
- In-depth interviews

GOOD LUCK!

WE'LL CHECK IN SOON
TO SEE HOW YOU'RE
DOING.
WE'RE ALWAYS HERE TO
ASSIST!

APPLE
TRAINING INSTITUTE

