TIPS FOR A SUCCESSFUL APPLE ACTION PLAN

RECRUIT A WINNING TEAM

Who should you add to your APPLE team? (Think about campus and NCAA/national resources!)
90% of the schools that completed 50% or more of their action plan had one thing in common:

They scheduled their first meeting either at the Training Institute or within 2 weeks!

CREATE A PLAYBOOK

• Schedule meetings for the rest of the academic year
• How will you make progress this summer?
• Set up milestones and progress checkpoints
• Strive for excellence – not just checking off the boxes!
Teams who were less successful reported being stalled by time or personnel constraints and said their teams had stopped meeting.

**KEEPING SCORE**

**WHO** will track your **APPLE** info and Action Plan?  

**How and where** will information be stored and shared?
Focus on **solutions** instead of dwelling on problems.

Attempting multiple slices will waste energy.

**TURNOVER ON YOUR ATHLETICS STAFF?**

Make a plan so your team knows who will support and collaborate with them going forward!
DID YOU WIN?

TIME TO EVALUATE!

Compare student awareness, attitudes, and/or behaviors before and after your Action Plan implementation

EVALUATION STRATEGIES

- Formal surveys
- Informal feedback
- Focus groups
- In-depth interviews
GOOD LUCK!

WE’LL CHECK IN SOON TO SEE HOW YOU’RE DOING. WE’RE ALWAYS HERE TO ASSIST!

APPLE TRAINING INSTITUTE