TIPS FOR A SUCCESSFUL APPLE ACTION PLAN

APPLE
Promoting Student-Athlete Wellness and Substance Abuse Prevention
Recruit a Winning Team

✔ Recruit for success:
  • Who should you add to your APPLE Team?
✔ Institutional resources
✔ National resources
Create Your Playbook

✓ Set a date for your next APPLE Team meeting.
✓ Set meetings for the rest of the semester.
✓ How will you make progress this summer?
Time/personnel constraints
The APPLE team no longer meets
Turnover in athletics department staff
Attempting to work on multiple slices

91.3% of 2014 APPLE teams met at least once within 6 weeks.
23.1% met 4 or more times.
Keeping Score

- **Who** will track your APPLE info?
- **How and where** will information be stored and shared?
Did You Win?

☑ EVALUATE!
☑ Compare student awareness, attitudes and/or behaviors before and after your action plan implementation.

• Focus groups
• In-depth interview
• Survey data
Please provide

✓ Your name
✓ School
✓ City
✓ Slice
✓ BRIEF overview of your action plan project