

Implement bystander interventions

In this context, bystander intervention programs offered by campuses are designed to increase a student's capacity and willingness to intervene when another student may be in danger of harming him/herself or another person due to alcohol use. Bystander intervention programs also are used to reduce consequences of drug use, sexual assault, and other problems. NOTE: This strategy does not seek to reduce alcohol availability, one of the most effective ways to decrease alcohol use and its consequences.

-Effectiveness: ? = Too few robust studies to rate effectiveness—or mixed results

-Cost: \$\$ = Mid-range

-Barriers: # = Lower

-Research Amount: * = 3 or fewer studies

-Public Health Reach: Focused

-Staffing Expertise Needed: Coordinator

-Target Population: All students

-Research Population: College

Potential Resources:

Resources identified only for strategies rated effective.

References:

References from 2019 update

Silver, B.R.; and Jakeman, R.C. College students' willingness to engage in bystander intervention at off-campus parties. *Journal of College Student Development* 57(4):472–476, 2016.