

Skills training, alcohol plus general life skills: Parent-based alcohol communication training

Parent-based alcohol communication training is a campus-sponsored program for parents of students, particularly incoming freshmen, to train parents to effectively talk with their children about alcohol use, avoidance, and consequences.

-**Effectiveness:** ★★ = Moderate

-**Cost:** \$\$ = Mid-range

-**Barriers:** # = Lower

-**Research Amount:** **** = 11+ studies

-**Public Health Reach:** Focused

-**Primary Modality:** Offsite

-**Staffing Expertise Needed:** Coordinator

-**Target Population:** Individuals, underage, specific groups, or all students

-**Duration of Effects:** Short-term (< 6 months) effects; mixed long-term (≥6 months) effects

Potential Resources:

For information about intervention designs and implementation, check the articles in the References tab.

References:

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