

# MAKING AN IMPACT ON A SHOESTRING BUDGET

THE SESSION **WILL BE RECORDED AND TRANSCRIBED**, BUT CHAT **WILL NOT BE INCLUDED**.

THE PRESENTATION WILL WORK BEST IF YOU TOGGLE BETWEEN THE ZOOM PRESENTATION ON ONE DEVICE (COMPUTER) AND THE MENTI AND KAHOOT APPS ON A 2<sup>ND</sup> DEVICE (PHONE/IPAD).

**PLEASE TAKE A MOMENT NOW ON YOUR 2<sup>ND</sup> DEVICE (PHONE/IPAD) TO GO TO:**

- [WWW.MENTI.COM](http://WWW.MENTI.COM)
- AND ENTER CODE **64 04 26**

IN THE 2<sup>ND</sup> PART OF THE PROGRAM, WE'LL USE [WWW.KAHOOT.IT](http://WWW.KAHOOT.IT) ON THE 2<sup>ND</sup> DEVICE.

# APPLE ZOOM CONVERSATION: MAKING AN IMPACT ON A SHOESTRING BUDGET

**17  
JUNE**

*FROM  
3 PM TO  
3:45 PM  
EASTERN*

A top-down view of a person sitting on a wooden floor, using a silver laptop. The person is wearing blue jeans and a grey sweater. The laptop is open, and their hands are on the keyboard and trackpad.

A DISCUSSION ON FREE INTERACTIVE TOOLS TO USE IN LIVE AND VIRTUAL ENVIRONMENTS. WE'LL DEMO KAHOOT AND MENTIMETER FOR THE FIRST 30 MINUTES, THEN HAVE 15 MINUTES OF Q&A. BE PREPARED TO SHARE YOUR GOOD IDEAS AND MAKE CONNECTIONS!

SUSIE BRUCE

GORDIE CENTER & APPLE TRAINING  
INSTITUTE DIRECTOR

SBRUCE@VIRGINIA.EDU



# GOALS

- USE FREE, ONLINE TOOLS TO INCREASE STUDENT ENGAGEMENT
  - MENTIMETER
  - KAHOOT!
- PROVIDE AN OVERVIEW TO HELP PARTICIPANTS GET STARTED USING THESE TOOLS
- OPEN DISCUSSION: WHAT OTHER FREE/LOW-COST TOOLS HAVE YOU FOUND HELPFUL?

# GETTING STARTED

- THE SESSION IS BEING RECORDED & TRANSCRIBED AND WILL BE POSTED TO THE APPLE WEBSITE
- CHAT WILL **NOT** BE RECORDED
- FIND CHAT, SAY HELLO WITH YOUR NAME, SCHOOL AND ROLE.
- NEED ZOOM SUPPORT OR WANT TO ASK A QUESTION PRIVATELY?
  - PRIVATE CHAT WITH HOLLY DEERING

# USING MENTIMETER FOR AUDIENCE ENGAGEMENT

- MENTIMETER.COM: SITE TO CREATE & RUN PRESENTATIONS
- MENTI.COM: SITE FOR AUDIENCE MEMBERS
- CAN BE USED THROUGHOUT A PRESENTATION OR AS A PRE/POST TEST
  
- OPTIONS
  - UPLOAD POWERPOINT PRESENTATION & ADD INTERACTIVE SLIDES
    - EASIEST OPTION, BUT YOU LOSE POWERPOINT ANIMATION
  - TOGGLE BETWEEN POWERPOINT AND MENTIMETER
    - KEEP ANIMATION, BUT CAN BE CUMBERSOME/DISTRACTING TO SWITCH

# MENTI.COM PHONE SCREEN

 **Mentimeter**

How do college student-athletes compare to all students?

Alcohol

Skip

1 Use LESS than non-athletes



5

Use LESS than non-athletes

Use MORE than non-athletes

Anabolic Steroids

Skip

1 Use LESS than non-athletes



5

Use LESS than non-athletes

Use MORE than non-athletes

Ecstasy/Molly

Skip

1 Use LESS than non-athletes



5

Use LESS than non-athletes

Use MORE than non-athletes

Marijuana

Skip

1 Use LESS than non-athletes



5

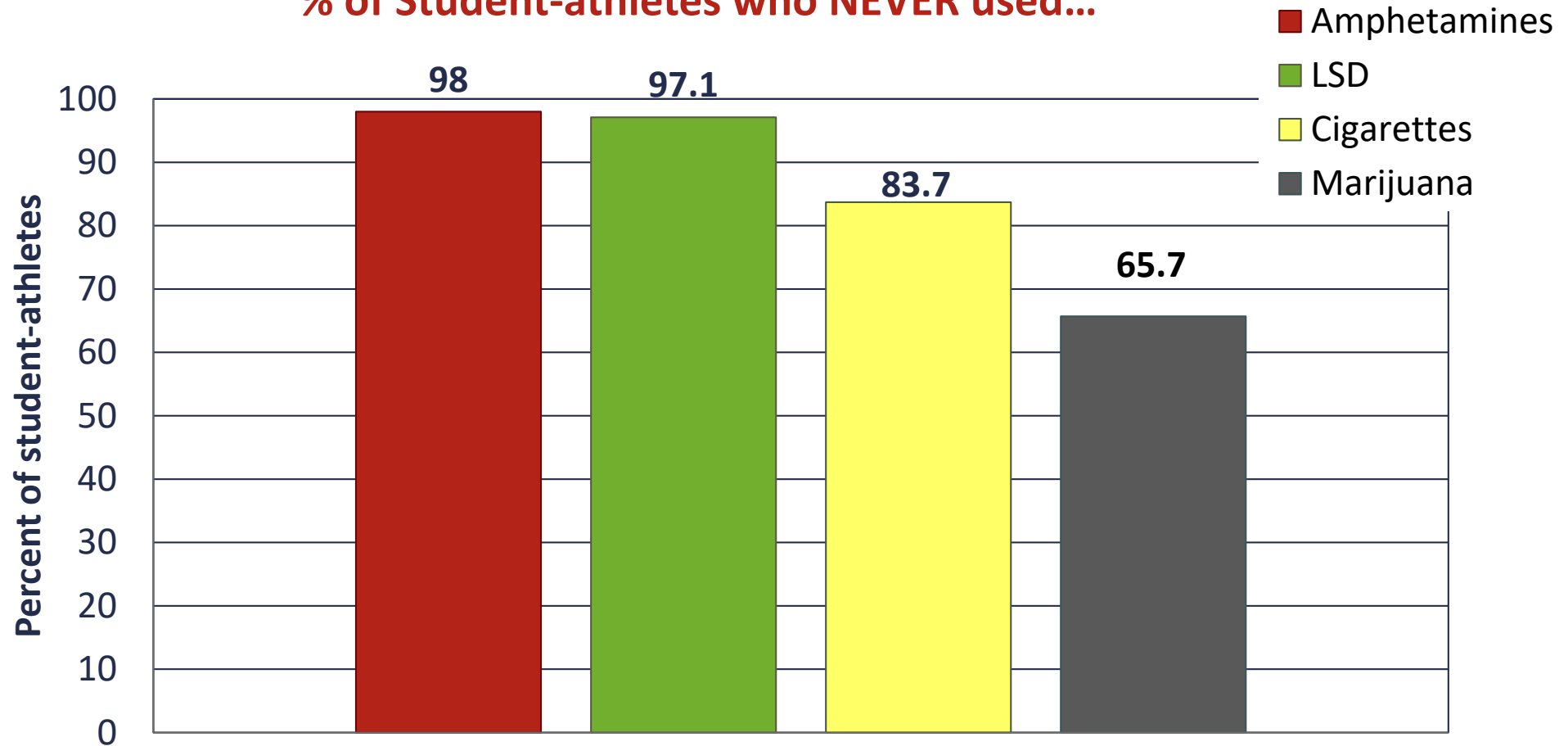
Use LESS than non-athletes

Use MORE than non-athletes

Submit

# COMPARED TO ALL COLLEGE STUDENTS IN 2017, STUDENT-ATHLETES ARE LESS LIKELY TO USE...

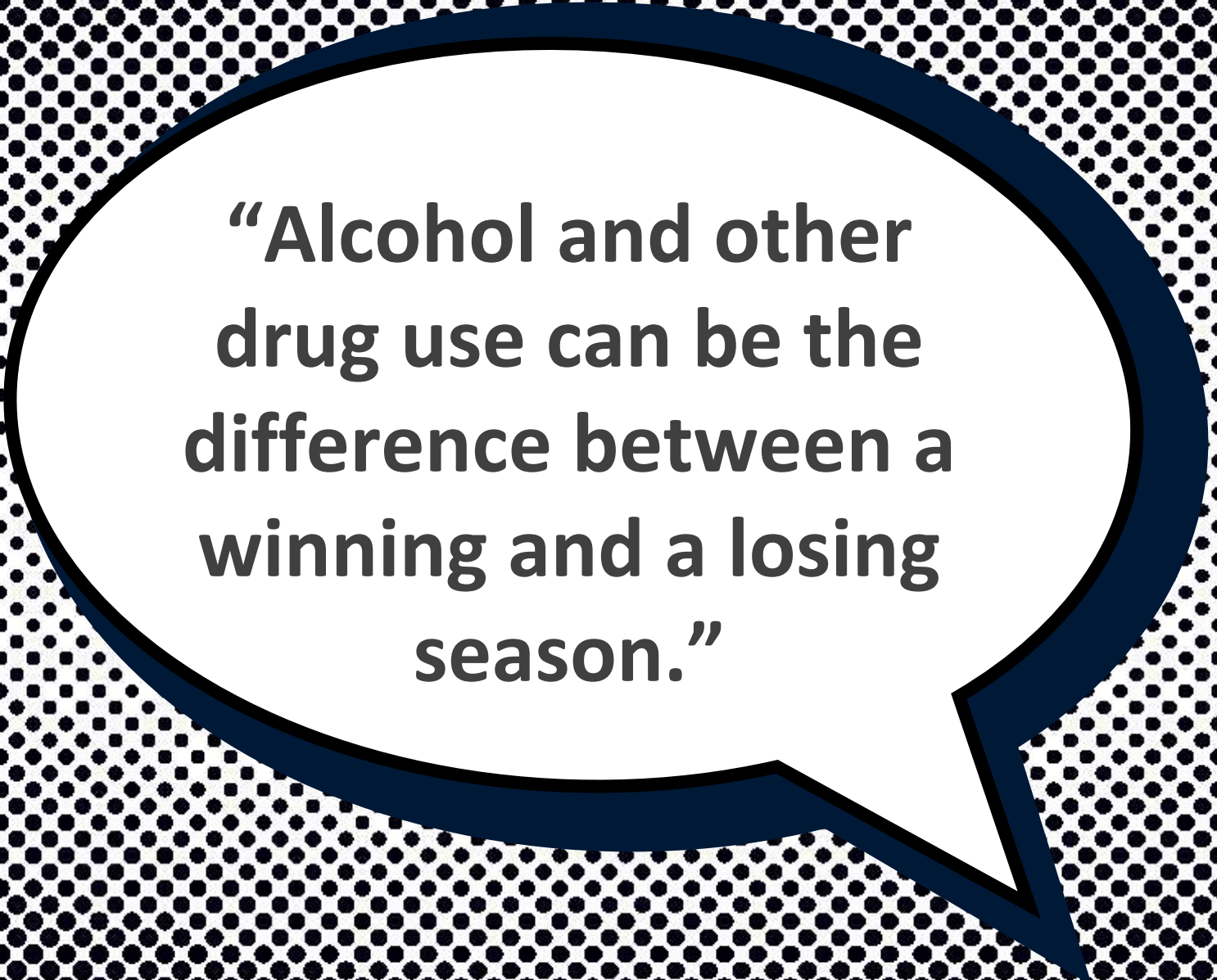
**% of Student-athletes who NEVER used...**



Sources: 2017 NCAA National Study of Substance Use Habits of College Student-Athletes & 2017 National College Health Assessment



In your  
team,  
discuss  
how much  
you  
personally  
agree or  
disagree  
with this  
statement.



**“Alcohol and other  
drug use can be the  
difference between a  
winning and a losing  
season.”**

# USING MENTIMETER.COM

The screenshot displays the Mentimeter dashboard for the user 'Gordie Center's presentations' (gordiecenter@virginia.edu). The left sidebar contains navigation options: 'Your presentations' (highlighted in yellow), 'Inspiration', 'Branding & colors', 'Account', and 'Help'. The main area shows a 'Home' section with a '+ New folder' button and a search bar. A table lists existing presentations with columns for 'Name', 'Created', and 'Last updated'. A modal dialog titled 'Create new presentation' is open, featuring a text input field containing the title 'Making an impact: on a Shoestring Budget' and two buttons: 'Create presentation' and 'Cancel'. The bottom left corner has a 'Log out' link, and the bottom right corner has a chat icon.

Name	Created	Last updated
Zoom Conversation: I		
Alcohol & Athletic pe		
Hazing Prevention Ps		

IMPORT A SLIDE DECK: DRAG AND DROP/UPLOAD POWERPOINT

ADD INTERACTIVE SLIDES: PICK A MENTIMETER SLIDE TYPE

The screenshot displays the Mentimeter web interface. At the top, the breadcrumb navigation shows 'Home / Making an Impact on a Shoestring Budget'. The top right corner contains a 'Saved' status, a 'Mentimeter BETA' logo, and 'Share' and 'Present' buttons. Below the navigation, there are two buttons: '+ Add slide' and 'Import', with the 'Import' button circled in green. The main content area shows a slide titled 'How would you rank these items?' with a horizontal bar chart. The chart has three bars labeled '1st', '2nd', and '3rd' on the left, and 'Item 1', 'Item 2', and 'Item 3' on the right. The '1st' bar is the longest, followed by '2nd', and then '3rd'. On the right side, a 'Type' menu is open, circled in blue, showing various question types: 'Multiple Choice', 'Word Cloud', 'Open Ended', 'Scales', 'Ranking', 'Image Choice', 'Q&A', 'Select Answer', and 'Type Answer'. The 'Type' menu is titled 'Type' and has a 'Popular question types ?' section. Below that, there are two sections: 'Quiz Competition ?' and 'Content slide ?'.

# INTERACTIVE SLIDE SETTINGS

Home / DEMO: making an impact

✓ Saved | Mentimeter <sup>BETA</sup> | Share | Present

+ Add slide | Import

Examples | Themes | Configure

1 Page 1 - Making an ...

2 Page 2 - Making an ...

3 Page 3 - Making an ...

4 Page 4 - Making an ...

5 How do college stu...

Go to [www.menti.com](https://www.menti.com) and use the code 68 42 9

## How do college student-athletes compare to all students?

Mentimeter

Category	Score
Alcohol	3
Anabolic Steroids	2.3
Cigarettes	1.7
Cigars	2
Ecstasy/Molly	2.3
Hookah	2.3
Marijuana	2.7
Spit Tobacco (dip)	2.7

Use LESS than non-athletes | Use MORE than non-athletes

3

### Result layout ?

Sliders | Spider Chart

### Dimensions ?

[See popular examples](#)

Custom low label: Use LESS than non-athletes | Low value: 1

See mid-values ▾

Custom high label: Use MORE than non-athletes | High value: 5

### Extras

Show the total average of all statements

Let participants skip single statements ?

# OPTIONAL: ADDING IMAGES

Home / DEMO: making an impact

Saved Mentimote BETA Share Present

+ Add slide Import

8 Page 8 - Making an ...

9 Who

10 Page

11 Page

Go to [www.menti.com](http://www.menti.com) and use the code 68 42 9

Mentimeter

Upload Image library Gifs

apples

5 Strongly AGREE

3

Do you want to use the presentation again?

If you want to use this slide for a new session or make major adjustments, you can reset it. The results will be stored as historical data but not included in the PDF download.

Download results Reset results

Your question ?

Scales

Add longer description

Statements ?

Alcohol & drug use can mean the difference between

# CUSTOMIZED SETTINGS

Home / DEMO: making an impact

✓ Saved

🔍 Mentimeter <sup>BETA</sup>

🔗 Share

▶ Present

+ Add slide

📁 Import

💡 Examples

🎨 Themes

⚙️ Configure

1 Page 1 - Making an ...



2 Page 2 - Making an ...



3 Page 3 - Making an ...



4 Page 4 - Making an ...



Go to [www.menti.com](https://www.menti.com) and use the code 68 429

## APPLE ZOOM CONVERSATION: MAKING AN IMPACT ON A SHOESTRING BUDGET



A DISCUSSION ON FREE INTERACTIVE TOOLS TO USE IN LIVE AND VIRTUAL ENVIRONMENTS. WE'LL DEMO KAHOT AND MENTIMETER FOR THE FIRST 30 MINUTES, THEN HAVE 15 MINUTES OF Q&A. BE PREPARED TO SHARE YOUR GOOD IDEAS AND MAKE CONNECTIONS!

17 JUNE  
FROM 3 PM TO 3:45 PM  
EASTERN

Mentimeter

Type

Content

**Customize**

Slide settings ?

Close voting

Hide instructions bar ?

Hide results [Show results on all slides](#)

Background ★



Drag and drop or click to select an image

Supported file types are jpg, png, svg

Choose background color



Background color visibility



# PRESENTATION PACE

Home / DEMO: making an impact ✓ Saved ? Mentimote <sup>BETA</sup> Share Present

[+ Add slide](#) [Import](#)

8 Page 8 - Making an ...

9 What percent of stu...

10 Page 10 - Making a...

11 Page 15 - Alcohol & ...

## Configure

Use these settings to configure the overall experience of your presentation.

### Presentation pace

The presentation pace controls how the audience can advance in the presentation.

**Presenter pace** **Audience pace**

Answer several times **The audience start from the first question and proceed at their own pace.**

Let the audience answer several times per device ?

[Learn more](#)

### Language ?

This presentation language is set to English.

Examples Themes **Configure**

Type **Content** Customize

**Do you want to use the presentation again?**

If you want to use this slide for a new session or make major adjustments, you can reset it. The results will be stored as historical data but not included in the PDF download.

[Download results](#) [Reset results](#)

Your question ?

Scales

[Add longer description](#)

Statements ?

Alcohol & drug use can mean the difference between

# READY TO PRESENT? GET THE MENTI.COM CODE

**NOTE:** CAN BE SET 2 DAYS IN ADVANCE, BUT WILL EXPIRE

Home / Zoom Conversation: Making an Impact on a Shoestring Budget

✓ Saved | ? Mentimote <sup>BETA</sup> | Share | **Present**

+ Add slide | Import

1 Title Slide

2 LCAforwebsiteban...

3 How do college stu...

4 Page 3 - Alcohol & a...

Go to [www.menti.com](http://www.menti.com) and

**APPLE ZOOM CONVERSATION:  
MAKING AN IMPACT ON A SHOESTRING BUDGET**

A DISCUSSION ON FREE INTERACTIVE TOOLS TO USE IN LIVE AND VIRTUAL ENVIRONMENTS. WE'LL DEMO KAHOOT AND MENTIMETER FOR THE FIRST 30 MINUTES, THEN HAVE 15 MINUTES OF Q&A. BE PREPARED TO SHARE YOUR GOOD IDEAS AND MAKE CONNECTIONS!

Type | **Content** | Customize

Image caption  
Title Slide

Media layout  
 Centered  
 As background

Media ?

Edit Remove

or [add video](#)

Reactions ?

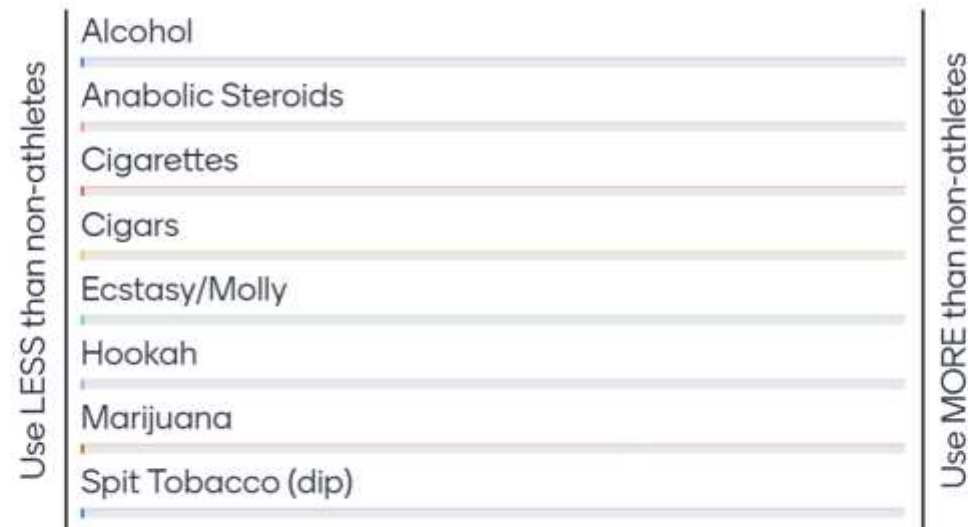


# PRESENTATION TIPS

Go to [www.menti.com](http://www.menti.com) and use the code 38 81 43

## How do college student-athletes compare to all students?

Mentimeter



Hover cursor to show options & advance slides



Number of players

0

# GETTING REPORTS & DUPLICATING PRESENTATIONS

Mentimeter Gordie Center's presentations gordlecenter@virginia.edu




**Your presentations** (circled in red)

- Inspiration
- Branding & colors
- Account
- Help

Home

+ New presentation + New folder

Type to search

Name	Created	Last updated	Actions
Zoom Conversation: Making an Impact on a Shoestring Budget	May 18, 2020	6 minutes ago	  

Mentimeter Download Presentation Results

Your presentations

- Inspiration
- Upgrade
- Branding & colors
- Account
- Help

Export to excel

Mentimeter works seamlessly with Excel, letting you export the results from your presentation directly to a spreadsheet.

[See example spreadsheet](#)

[Upgrade to export your result](#)

Export pdf

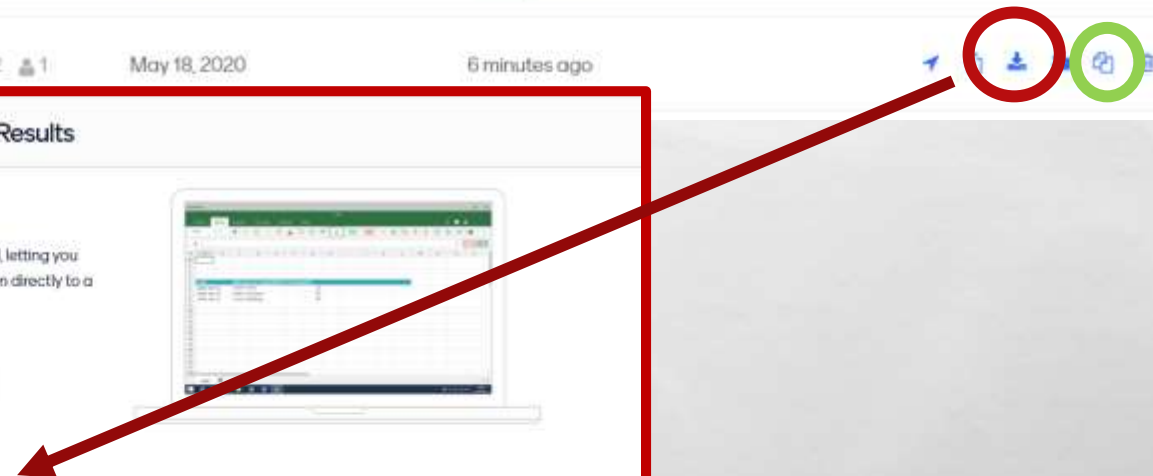
[Download My First Presentation.pdf](#)

Presentation screenshots

These screenshots are updated every 10 minutes. If you do not see the latest results, please try again in a few minutes.

so many options [Download](#) [Download High Resolution](#)

so many options



# DUPLICATING INDIVIDUAL SLIDES

Home / Zoom Conversation: Making an Impact on a Shoestring Budget

+ Add slide

Import

1 Title Slide



2 LCAforwebsiteban...



How do college stu...

Copy slide to another presentation

4 Page 3 - Alcohol & a...



+ Add slide

Import

1 Title Slide



2 LCAforwebsiteban...



3 How do college stu...



4 Page 3 - Alcohol & a...



Go to [www.menti.com](https://www.menti.com) and use the code 29 69 60

How do college student-athletes compare to all students?

Mentimeter

Copy to presentation

- ▶ DEMO: making an impact
- ▶ Making an Impact on a Shoestrin...
- Alcohol & Athletic performance
- ▶ Hazing Prevention Program for R...

Insert slide before...

0 - Page 1 - Alcohol & athletic perfor

Use MORE than non-athletes

0

# MENTIMETER.COM IT SUPPORT ARTICLES

## Guides to help you get started



### How to get started in seconds

Everything you need to know to start interacting with your audience.

[Get started](#)



### Take a tour in the presentation view

All the tips and tricks on how to take full control over your presentation.

[Take the tour](#)



### Mentimeter from a voter's perspective

Prepare your polling by anticipating what your audience will experience.

[Voter's experience](#)



### Learn about our question types

Discover Mentimeter's powerful features with detailed visualizations of how it works.

[Learn more](#)



# USING KAHOOT.COM

**GREAT FOR PRE AND POST-TESTS!**

On your phone or other device, go to  
**kahoot.it**

Enter GAME PIN

# THE QUESTION & ANSWER OPTIONS APPEAR ON YOUR ZOOM SCREEN

ENTER THE ANSWER ON YOUR 2<sup>ND</sup> DEVICE BY MATCHING COLOR/SHAPE OF THE CORRECT ANSWER.

ACCURACY AND SPEED COUNT!

Which of these is NOT a standard drink?

9



Skip

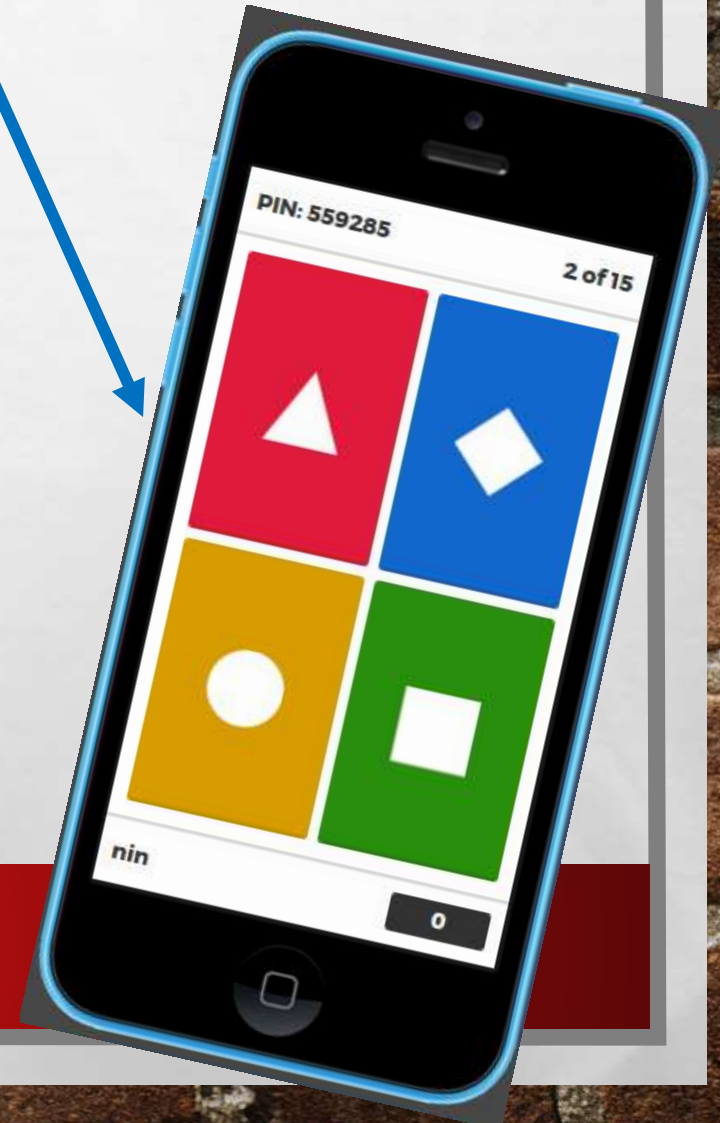
0  
Answers

▲ 12 oz beer

◆ 5 oz glass of wine

● 1.5 oz shot of liquor

■ 24 oz. alcoholic energy drink

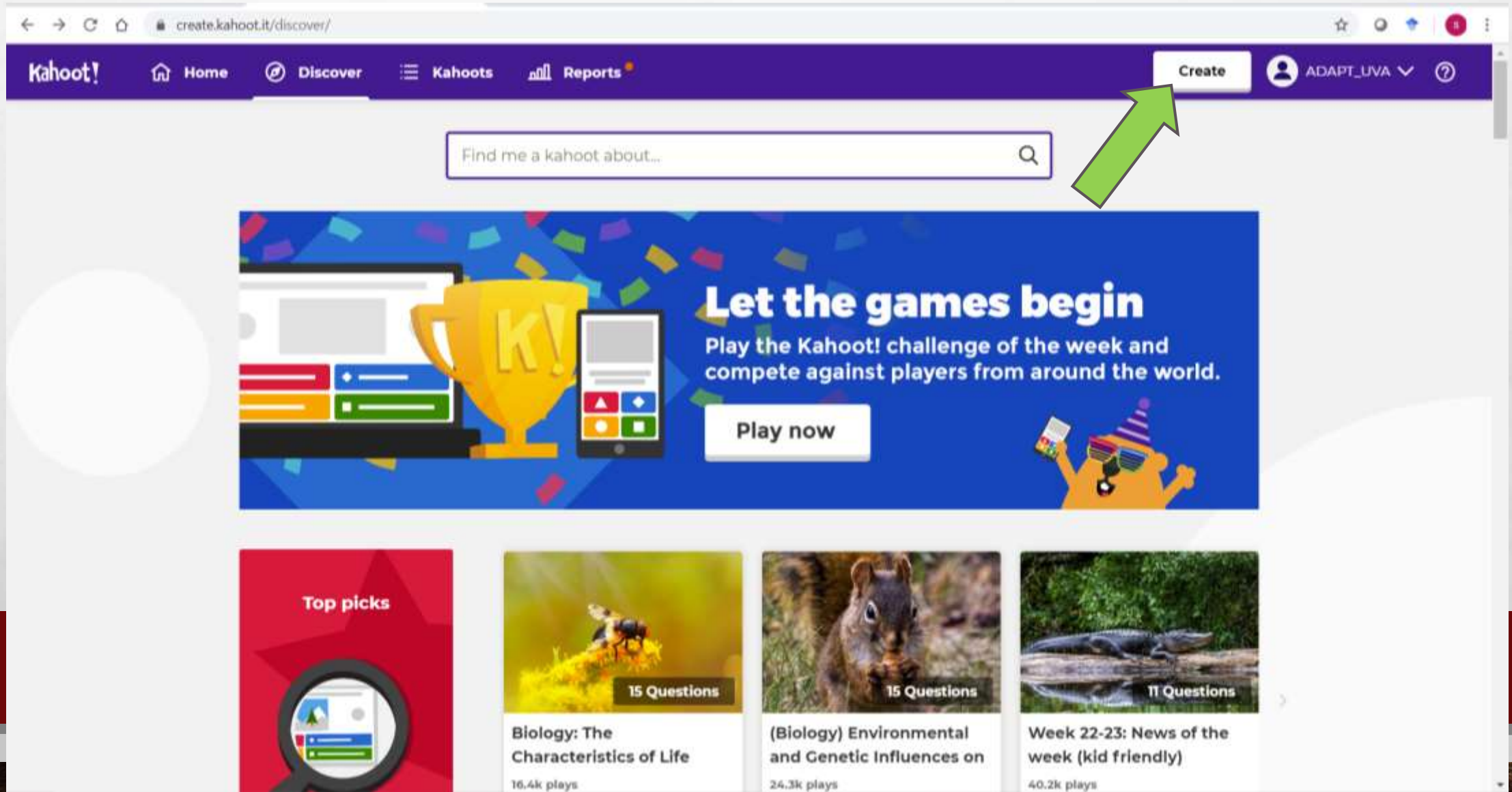


READY?

REMEMBER: THE QUESTION IS ON  
YOUR ZOOM SCREEN

ANSWER THE QUESTION ON YOUR 2<sup>ND</sup>  
DEVICE

# CREATING IN KAHOOT.COM



The screenshot shows the Kahoot! website interface. The browser address bar displays "create.kahoot.it/discover/". The navigation bar includes "Kahoot!", "Home", "Discover", "Kahoots", and "Reports". A "Create" button is located in the top right corner, highlighted by a green arrow. Below the navigation bar is a search bar with the placeholder text "Find me a kahoot about...". The main content area features a large blue banner with the text "Let the games begin" and "Play the Kahoot! challenge of the week and compete against players from around the world." A "Play now" button is centered on the banner. Below the banner is a "Top picks" section with three featured kahoots:

- Biology: The Characteristics of Life** (15 Questions, 16.4k plays)
- (Biology) Environmental and Genetic Influences on** (15 Questions, 24.3k plays)
- Week 22-23: News of the week (kid friendly)** (11 Questions, 40.2k plays)



# CREATING QUESTIONS

1 Quiz  
my new question...

2 Quiz  
Type your question

Add question



Import spreadsheet

1 my new question...

5

240 5 10 20 sec 20 90 Points 30 60

4

Drag and drop image from your computer

Image library Upload image YouTube link

6

Answer options

Single select

- Single select ✓  
Players can only select one of the answers
- Multi-select  
Players can select multiple answers before submitting

2

3

This one is right!

Could go either way!

Add answer 4 (optional)


# KAHOOT HAS AN IMAGE LIBRARY!

create.kahoot.it/creator/ef9fc6d7-ee09-47de-8b06-250bccdc06f9

## Kahoot! Image Library provided by Getty Images

Free categories

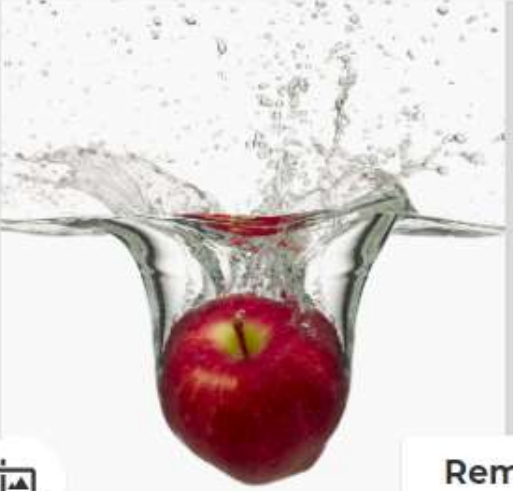
- Most Popular
- Animals
- Arts
- Business
- Current Events
- Food & Drink
- Geography
- History
- Math
- Music
- Politics
- Science & Technology
- Sports



Close

# MAKING IMAGES ACCESSIBLE:

my new question...



Remove

Information icon

Accessibility icon



### Add image details

**Add alternative text**

Describe the image in 1-2 sentences. This helps visually and hearing impaired users understand the image.

72

**Credit source**

Remember to credit the original source of the image.

Credits are automatically added to images selected from our built-in image library.

# DUPLICATING & EDITING A KAHOOT

The screenshot displays the Kahoot! web interface. At the top, there is a navigation bar with 'Kahoot!', 'Home', 'Discover', 'Kahoots', and 'Reports' menus, along with a 'Create' button and a user profile for 'ADAPT\_UVA'. The main content area shows a quiz titled 'APPLE Training Ins' with 0 favorites and 2 plays. A context menu is open over the quiz, listing options: Edit, Duplicate, Rename, Preview, Share, and Delete. The 'Duplicate' option is highlighted with a red circle, and the 'Share' option is highlighted with a green circle. Below the menu are 'Play' and 'Share' buttons. The quiz description reads: 'A private kahoot to help check understanding of the Friday night APPLE conference presentation.' The creator is 'ADAPT\_UVA', created 4 months ago. The quiz contains 10 questions, with the first five visible:

- 1 - Quiz: What percent of student-athletes NEVER drink alcohol during their competition season? (10 sec)
- 2 - Quiz: True or False: Low-risk alcohol use by student-athletes has *increased* over the last 10 years. (10 sec)
- 3 - Quiz: How many cups of water may a student-athlete need to rehydrate after drinking 5 standard drinks? (10 sec)
- 4 - Quiz: Within 4 hours of drinking, dehydration can cause what % loss of body weight? (10 sec)
- 5 - Quiz: Alcohol use can decrease strength, power, and sprint performance for how long? (10 sec)

# DELETING SLIDES & EDITING

The image shows the Kahoot! interface for editing a quiz titled "Making an Impact on a Shoestring Budget". The top navigation bar includes the Kahoot! logo, the quiz title, a "Settings" button (circled in red), a "Preview" button, and an "Exit" button (circled in green). The main quiz area displays a slide with the question "What percent of student-athletes ..." and a "Delete" button (circled in green). The left sidebar shows three quiz questions. The right sidebar, outlined in red, contains the "Kahoot summary" panel with fields for Title, Description, Cover image, Language, and Visibility. A red bar at the bottom indicates a progress of 34%.

**Kahoot!** Making an Impact on a Shoestring Budget **Settings** Preview **Exit**

1 Quiz  
What percent of student-athletes ...  
Delete

2 Quiz  
True or False: Low-risk alcohol use ...

3 Quiz  
How many cups of water may a st...

Time limit  
**10 sec**

Points  
1000

Answer options  
Single select ▼

▲ 34%

**Kahoot summary**

Title  
Making an Impact on a Shoestring Budget 56

Description (Optional)  
A kahoot to help check understanding of the Friday night APPLE conference presentation. 192

Pro tip: a good description will help other users find your kahoot.

Save to  
My Kahoots Change

Lobby video  
Paste YouTube link

Cover image  
APPLE ZOOM CONVERSATION: MAKING AN IMPACT ON A SHOESTRING  
Change

Language  
English ▼

Visibility  
 Only you  Everyone

Lobby music  
Kahoot! pick ▼

# TESTING & PLAYING



**Yay! The kahoot is ready to be played**

You can now host, share and play it.

Here are some more suggestions:

 [Test this kahoot >](#)

 [Play now >](#)

 [Share it with others >](#)

[Back to edit](#)

[Done](#)

Choose a way to play this kahoot


*For homeschooling and trivia*



[Host](#)

Play a live game together with others over video or in person

*For self-paced learning and trivia*



[Challenge](#)

Challenge others who play it at their own pace



Player vs Player  
1:1 Devices

**Classic**



Team vs Team  
Shared Devices

**Team mode**

### Game options



#### General

Lobby music

Fantasy



Friendly nickname generator

Avoid inappropriate nicknames in the game

ON



Randomize order of questions



OFF

Randomize order of answers



OFF

Show minimized intro instructions



OFF

# NOTE: THE GAME PIN CANNOT BE SET IN ADVANCE

Join at **www.kahoot.it** or with the **Kahoot! app**  
with Game PIN:  
**689287**

0  
Players

Kahoot!

Start

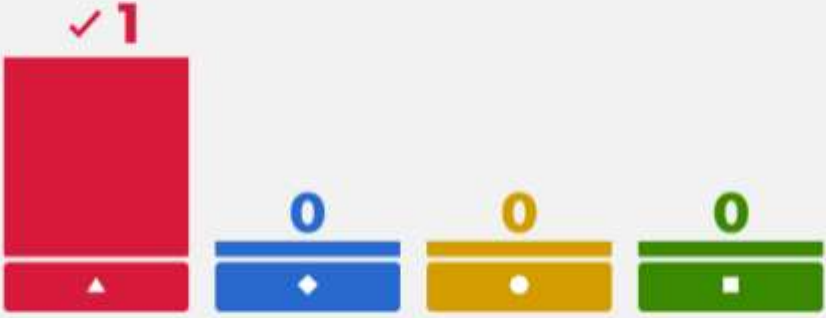
Waiting for players...

The screenshot shows the Kahoot! game lobby interface. At the top, there is a white box with the text "Join at **www.kahoot.it** or with the **Kahoot! app** with Game PIN: **689287**". To the right of this box, there are three circular icons: a microphone, a music note, and a speaker, which are circled in green. Below the white box, the word "Kahoot!" is displayed in a large, white, stylized font. To the left of the "Kahoot!" text, it says "0 Players". To the right of the "Kahoot!" text, there is a lock icon and a "Start" button. A green arrow points upwards towards the "Start" button. At the bottom of the screen, there is a blue bar with the text "Waiting for players..." and a close button (an 'x' icon).



# RUNNING KAHOOT

The after-effects of getting drunk once can negate how many days of training?



✓ 1

0 0 0

Show media

End game

▲ 14 days	✓	◆ 10 days	✗
● 5 days	✗	■ 1 day	✗

Game joining: 🔒 open

kahoot.it Game PIN: 4182743

# BUILT IN FEEDBACK

## Making an Impact on a Shoestring Budget

SwiftWomb...

Ka

1830  
2 out of 3

SwiftWombat

hoo

2965  
3 out of 3

t!

Get feedback

Game Over

How do you rate this kahoot?



Did you learn something?



Do you recommend it?



To continue, tell us how you feel?



# GETTING REPORTS

Kahoot!

Home

Discover

Kahoots

Reports

Create

ADAPT\_UVA

Report

Report options

APPLE Training Institute 2020

Live

Jan 17 2020, 6:54 pm

Hosted by ADAPT\_UVA

Summary

Players (140)

Questions (10)

Feedback



Expanded view



Compact view

All (10)

Search

Question

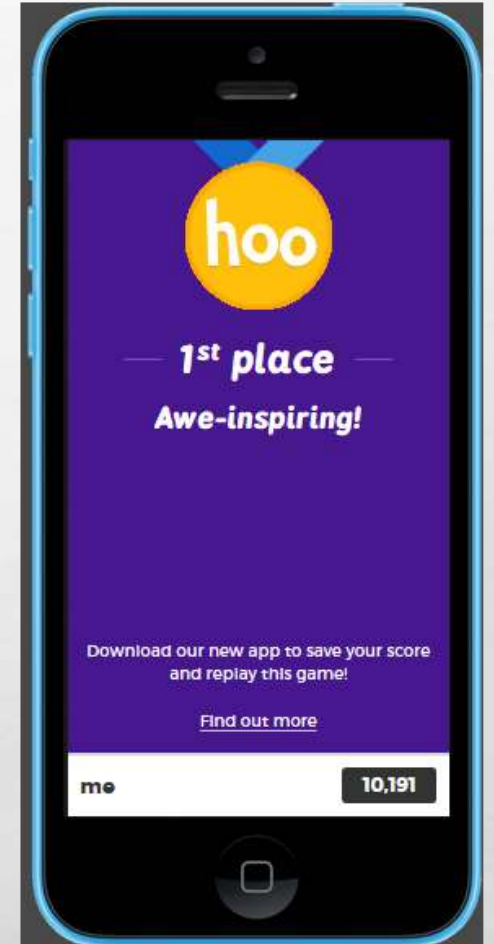
Type

Correct/incorrect

1	What percent of student-athletes NEVER drink alcohol during their competition season?	Quiz	47%
2	True or False: Low-risk alcohol use by student-athletes has <i>increased</i> over the last 10 years.	Quiz	69%
3	How many cups of water may a student-athlete need to rehydrate after drinking 5 standard drinks?	Quiz	90%
4	Within 4 hours of drinking, dehydration can cause what % loss of body weight?	Quiz	74%
5	Alcohol use can decrease strength, power, and sprint performance for how long?	Quiz	59%
6	What is the #1 day of the week for athletes to become injured?	Quiz	90%

# FOR IN-PERSON GAMES, CONSIDER AWARDING PRIZES

ASK PARTICIPANTS TO SAVE THE SCREEN IMAGE



# YOUTUBE KAHOOT CHANNEL TUTORIALS



The video player shows a purple background with a large white circle in the center. Inside the circle, the text "Kahoot! tutorials" is written in white. Below the video frame is a control bar with a play button, a progress bar showing 0:01 / 1:45, and icons for settings, full screen, and other video controls.

How to create a kahoot - tutorial

129,502 views · Aug 1, 2019

317 29 SHARE SAVE ...

 **Kahoot!**  
19K subscribers

[SUBSCRIBE](#)

WHAT OTHER FREE/ INEXPENSIVE  
TOOLS HAVE YOU FOUND HELPFUL?