

Education/awareness program

## Normative re-education: In-person norms clarification alone

Globally, normative re-education programs are designed to provide students with accurate information about peer alcohol use and consequences and to modify their attitudes about the acceptability of their excessive alcohol consumption to their peers and parents.

-Effectiveness: ★ ★ = Moderate

-Cost: \$\$ = Mid-range

-Barriers: # = Lower

-Research Amount: \*\*\* = 7 to 10 studies

-Public Health Reach: Focused

-Primary Modality: In-person group

-Staffing Expertise Needed: Coordinator

-Target Population: Individuals, specific groups, or all students

-Duration of Effects: Short-term (< 6 months) effects; long-term

(≥6 months) effects not assessed

## **Potential Resources:**

For information about intervention designs and implementation, check the articles in the References tab.

## References:

Larimer, M.E.; and Cronce, J.M. Identification, prevention, and treatment: A review of individual-focused strategies to reduce problematic alcohol consumption by college students. *Journal of Studies on Alcohol* (Suppl. 14):148–63, 2002.

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- -Stamper, G.A.; Smith, B.H.; Gant, R.; and Bogle, K.E. Replicated findings of an evaluation of a brief intervention designed to prevent high-risk drinking among first-year college students: Implications for social norming theory. *Journal of Alcohol and Drug Education* 48(2):5372, 2004

## References from 2019 update

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