



# DEVELOPING ATHLETIC FOUNDATIONS

ROLLINS COLLEGE

WINTER PARK, FL

# ROLLINS

WINTER PARK, FL

LIBERAL ARTS COLLEGE

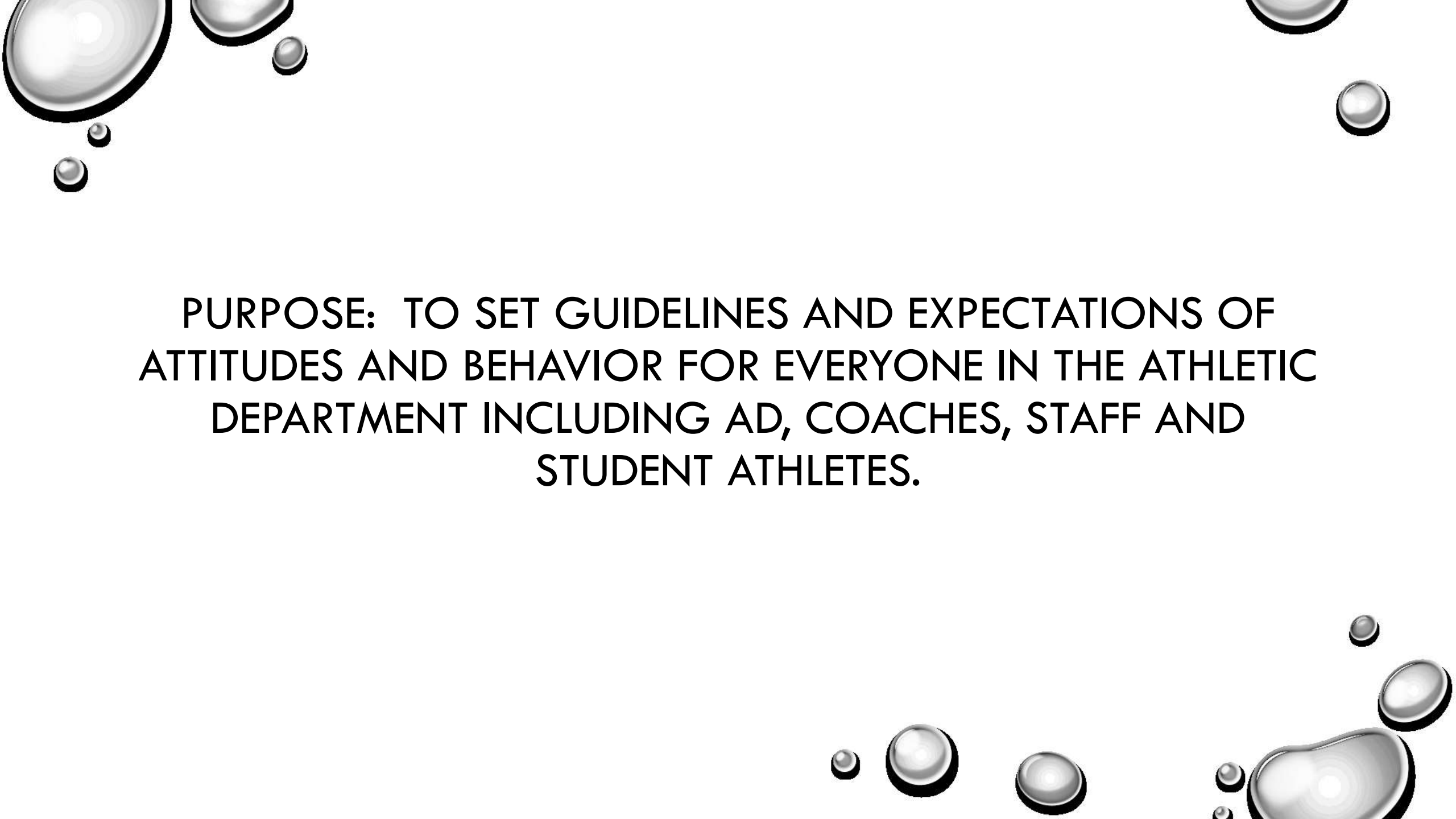
POPULATION: 2034 UNDERGRAD STUDENTS

NCAA DIVISION II

22 VARSITY SPORTS

3.412 STUDENT ATHLETE GPA




The page features several realistic, 3D-rendered bubbles of various sizes. They are positioned in the corners: top-left, top-right, and bottom-right. The bubbles have a metallic or glass-like appearance with highlights and shadows, giving them a three-dimensional effect. The text is centered in the middle of the page.

**PURPOSE: TO SET GUIDELINES AND EXPECTATIONS OF  
ATTITUDES AND BEHAVIOR FOR EVERYONE IN THE ATHLETIC  
DEPARTMENT INCLUDING AD, COACHES, STAFF AND  
STUDENT ATHLETES.**

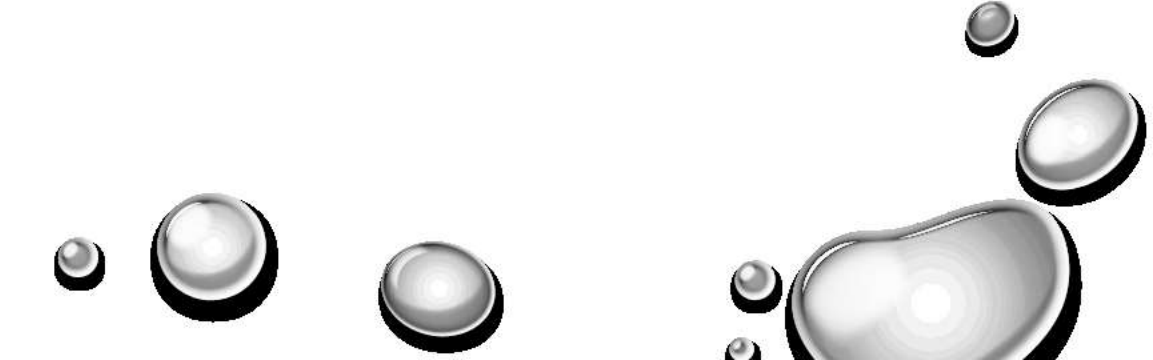


# HOW IT ALL STARTED WITH ACTION PLANS FOR RECRUITMENT & ATTITUDES AND EXPECTATIONS SLICES

- 1. DEVELOP A WALLET CARD FOR STUDENT-ATHLETES TO USE WHEN HOSTING
  - 2. ADD ATTITUDES AND EXPECTATIONS
  - 3. THIS STARTED A DISCUSSION ON HOW NOT ALL COACHES HELD ALL STUDENT-ATHLETES TO THE SAME STANDARDS
  - 4. SOME COACHES DIDN'T MODEL THE ATTITUDES AND EXPECTATIONS OF THE STUDENT-ATHLETES
  - 5. WHAT CAN BE DONE TO CHANGE EVERYONE'S ATTITUDES AND EXPECTATIONS
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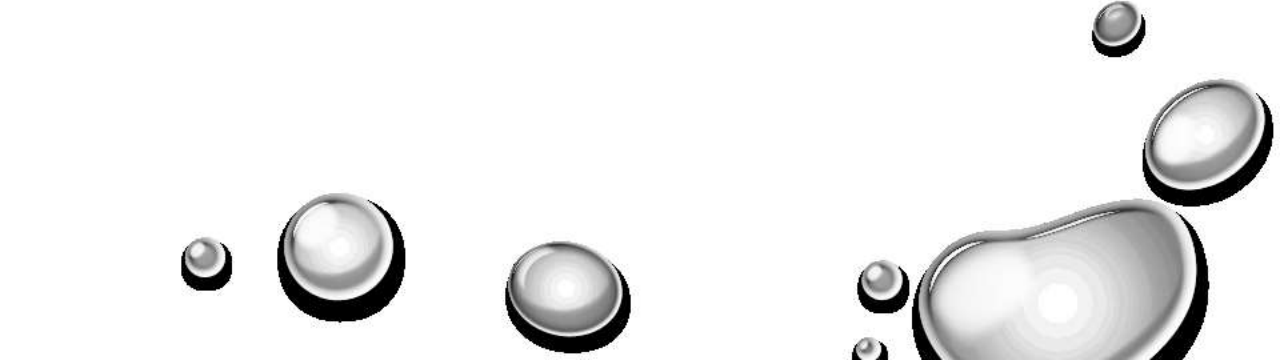
# ROLLINS STUDENT ATHLETE SURVEY

- 2019 ROLLINS APPLE TEAM DEVELOPED A SHORT SURVEY
  - SURVEY SPLIT INTO ADMINISTRATION/COACH/STAFF AND STUDENT-ATHLETE RESPONSES
  - ASKED FOR TOP THREE WORDS TO DESCRIBE LEADERSHIP ATTRIBUTES
    - RESPONSIBLE
    - RESPECTFUL
    - COMMUNICATION
- 



# ATHLETIC DIRECTOR INPUT

- 1. MUST INCLUDE ROLLINS MISSION
  - GLOBAL CITIZENSHIP
  - RESPONSIBLE LEADERS

- 2. SHOULD INCLUDE NCAA DII ATTRIBUTES
    - LEARNING
    - SERVICE
    - PASSION
    - SPORTSMANSHIP
    - RESOURCEFULNESS
    - BALANCE
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# APPLE TEAM'S LUNCH DISCUSSION

MAXIMUM OF FIVE TO SIX FOUNDATIONS

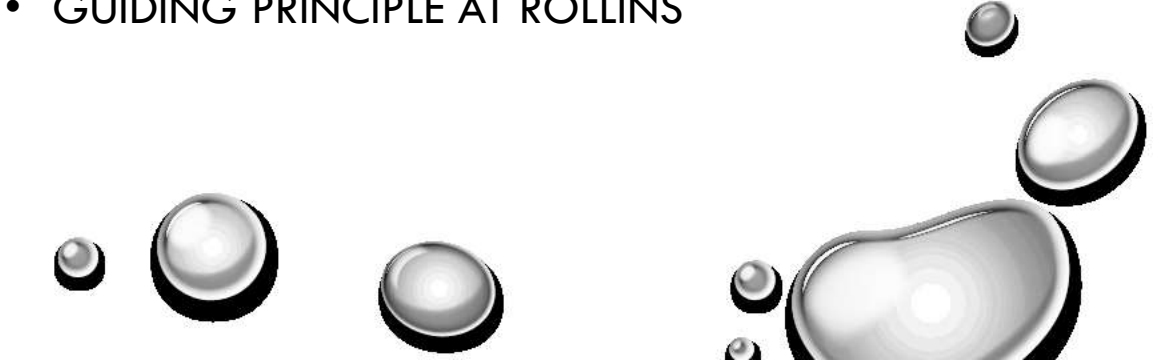
USING THE THREE MOST USED WORDS FROM SURVEY, ROLLINS MISSION AND NCAA DII

ATTRIBUTES, THE TEAM DECIDED ON SIX WORDS.





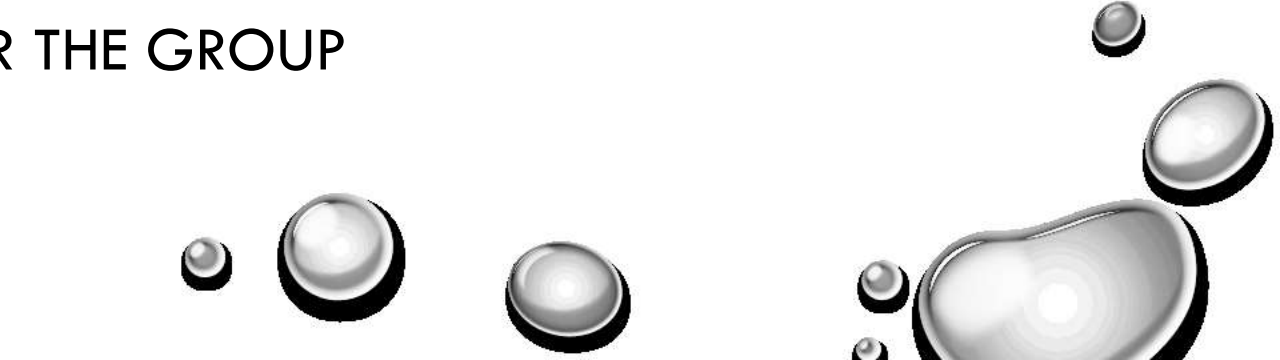
# LACERS

- LEADERSHIP
    - TOP RESPONSE FROM SURVEY
    - PART OF ROLLINS MISSION
  - ACCOUNTABILITY
    - GOES WITH ATTITUDES AND EXPECTATIONS
  - COLLABORATION
    - MUST CHAT TO COLLABORATE
  - EXCELLENCE
    - GUIDING PRINCIPLE AT ROLLINS
  - RESPECT
    - TOP RESPONSE FROM SURVEY
  - SERVICE
    - NCAA DII ATTRIBUTE
    - GUIDING PRINCIPLE AT ROLLINS
- 



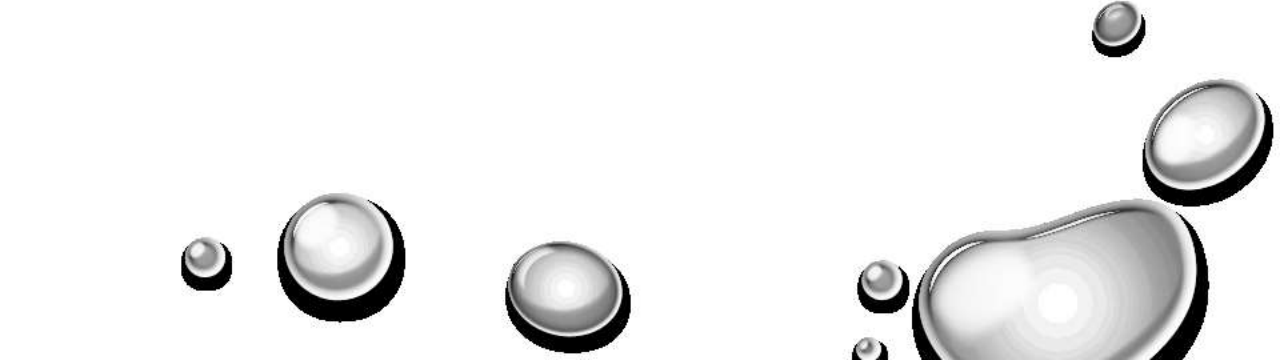


# HOW TO INTRODUCE LACERS TO EVERYONE

- MONTHLY MEETING 1<sup>ST</sup> THURSDAY OF MONTH TO DISCUSS ONE OF LACERS PRINCIPLES
    - LEADERSHIP COUNCIL (LC)
    - SAAC
    - COACHES AND ADMINISTRATION
  - LC SPLIT INTO SIX GROUPS TO PRESENT A PRINCIPLE, WITH FINAL GROUP DECIDING ON A SERVICE PROJECT FOR THE GROUP
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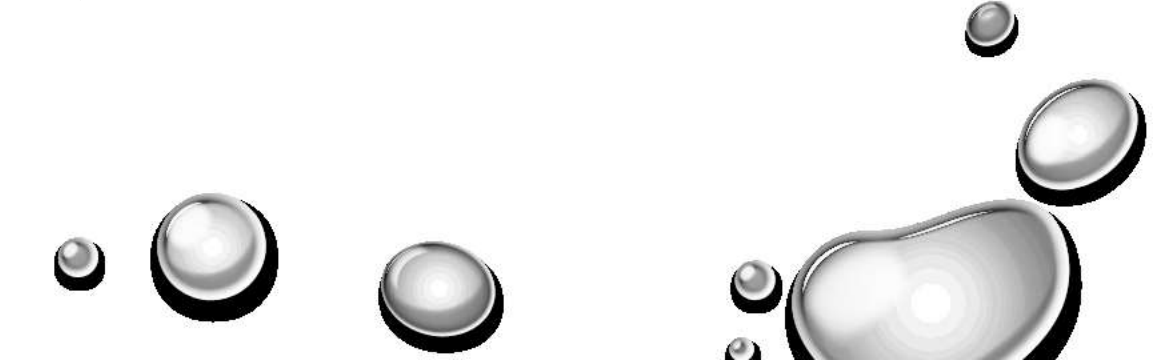


# LACERS FIRST SIGN OF SUCCESS

- CAPTAINS AT RECENT MEETING TOLD OF HOW THEY IMPLEMENTED LACERS:
    - 48-HOUR RULE WAS NOT BEING FOLLOWED
    - CAPTAINS COLLABORATED AND ASKED TEAMMATES TO HOLD EACH OTHER ACCOUNTABLE
    - RULE WAS CHANGED TO 72 HOURS AND EVENTUALLY 96 HOURS
    - CAPTAINS, LEADERS AND PLAYERS ADHERED TO HOLDING EACH OTHER ACCOUNTABLE TO NEW RULE
    - THE TEAM TURNED ITSELF AROUND AND MADE IT INTO THE CONFERENCE TOURNAMENT
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# FUTURE PLANS

- START 2020-2021 ACADEMIC YEAR WITH A LACERS PROGRAM FOR ALL INCOMING STUDENT-ATHLETES.
  - LC AND SAAC WILL HOST AND PRESENT EACH OF THE FOUNDATIONS WITH THE ATHLETIC DEPARTMENT DEFINITION AND HOW EVERYTHING TIES TOGETHER WITH ROLLINS MISSION AND NCAA DII ATTRIBUTES.
  - LACERS POSTER WILL BE CREATED AND EVERYONE IN THE DEPARTMENT WILL SIGN POSTER AND IT WILL BE DISPLAYED IN THE ALFOND SPORTS CENTER FOR ALL VISITORS TO SEE WHAT DEFINES ROLLINS ATHLETICS.
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# APPLE TEAM AND LEADERSHIP COUNCIL

- FOR THE 2020-2021 ACADEMIC YEAR, LEADERSHIP COUNCIL AND COACHES WILL REVIEW THE SIX APPLES SLICES WILL BE INCORPORATED INTO CURRENT ATHLETIC POLICIES.
  - THESE POLICIES WILL BE REVIEWED BIANNUALLY.
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