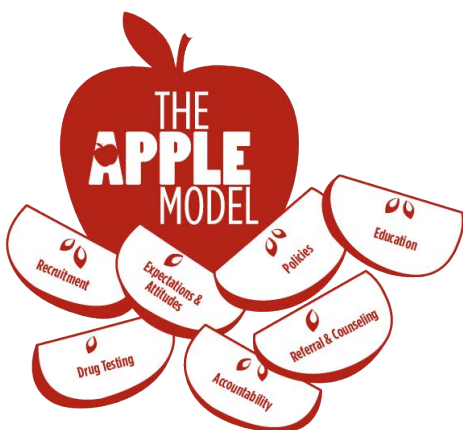




## INSTITUTION APPLICATION INFORMATION

# NCAA DIVISION II-ONLY APPLE TRAINING INSTITUTE

The Athletic Prevention Programming and Leadership Education (APPLE) Training Institute is a curriculum-based approach to substance misuse prevention specific to the college athletics culture. Campus teams learn about the APPLE model through engaging, team-based sessions which guide them through the process of creating a substance misuse prevention action plan unique to their school. CEUs offered for athletic trainers!



**September 19-21, 2025 in Denver, CO**

“Attending the Institute was a marvelous experience. The training helped bridge a gap between us as administrators and the student-athletes. I’ve since gained an even greater respect for the student-athlete voice.” -Division II Administrator

# EMPOWERING STUDENT-ATHLETES TO MAKE A DIFFERENCE

## Considerations when selecting an institution to attend APPLE:

Schools should be...

- Currently engaged in discussions to improve campus culture, and/or
- Poised to build upon success in areas of substance misuse prevention or wellness promotion, and/or
- Demonstrate openness to new ideas.



## Requirements for Schools

- Select at least 4, but no more than 6 individuals as the “prevention” team who will attend the APPLE Training Institute.
  - At least 2 student-athletes must be part of the team.
  - Individual participant names are not required until April 30, 2025.
- Agree to implement the action plan created at APPLE throughout the 2025-26 academic year with a team of administrators and student-athletes.
- Complete the following assessments:
  - Athletics Department Baseline Assessment (due May 2025)
  - November 2025 & April 2026 follow-up surveys



## NCAA Division II Funding Covers:

- Travel to and from Denver, CO (airfare costs covered for schools located 400 or more miles from Denver).
  - Any changes to the “prevention team” after air fares have been issued will be made at the expense of the institution.
- Shared double occupancy hotel rooms on Friday and Saturday night for student-athletes and single occupancy rooms for administrators.
- Meals from Friday dinner through Sunday breakfast.
- One-time stipend of \$100 per participant for incidentals, such as ground transportation and meals not provided at APPLE.

