

King University
Department of
Intercollegiate Athletics
Alcohol and Drug
Education and Testing
Policy

Revised July 2014

INTRODUCTION

The King University Athletics Department is committed to providing a healthy and safe environment for its student-athletes. The abuse of alcohol or drugs by King University student-athletes will not be condoned nor tolerated. King University Athletic Department is dedicated to seeing those student-athletes that are involved or identified are referred for counseling to prevent further use or abuse.

Alcohol and illicit drugs can have a detrimental affect on the student-athlete's health and performance. (Appendix 1). Anabolic steroids, considered to be a performance enhancer, have been proven to be detrimental to the student-athletes health (Appendix 2). The NCAA and all sports federations ban steroids. The use of anabolic steroids by King University student-athletes is prohibited. The health and welfare of the student-athletes is of paramount concern to the King University Athletic Department. It is the department's commitment to provide an alcohol and drug-free environment. In order to meet this commitment, this comprehensive alcohol and drug usage policy and drug testing program has been developed and implemented. This policy is not to be construed as a contract between King University and the student-athlete. Further, this policy may be amended from time-to-time as needed, with or without notice to the student-athlete.

OBJECTIVES

The King University Athletic Department has established the following Alcohol and Drug Policy and Program objectives:

- 1.) Provide an alcohol and drug free environment.
- 2.) Educate student-athletes about the physical, social, psychological, financial, and legal problems associated with alcohol abuse and drug use.
- 3.) Identify student-athletes who are abusing alcohol or drugs and assure prompt counseling and treatment.
- 4.) Provide a program to assist individuals who use or abuse drugs or alcohol to recognize their problem and be referred for counseling and rehabilitation.
- 5.) Provide a fair administrative process for sanctions and appeals.
- 6.) Provide information and warnings about the use of supplements.

THE PROGRAM

The Alcohol and Drug Program consists of four components: drug education, counseling, drug testing, and discipline. The program complies with and augments NCAA Alcohol and Drug Programs and Policies. All students involved with intercollegiate athletics at King University are required to participate in the program. This includes all student-athletes regardless of participation status, cheerleaders, and student managers.

I.

Drug Education

There are two facets to the educational program: (1) explanation of King University's drug education and testing program to the student-athlete and others, and (2) dissemination of information to student-athletes and those associated with athletic teams regarding drugs and alcohol, their use and abuse and how such use or abuse may affect the athlete and his/her team and teammates.

- A. Explanation of King University's drug education program to the student athlete:
1. A presentation will be made by a staff athletic trainer to each athletic team in order to outline and review King University's drug and alcohol education and testing program, its purpose, implementation, and sanctions.
 2. A copy of the program is available to the student-athletes on the King University athletic website. They will be asked to sign a form acknowledging receipt and understanding of the program and provide voluntary consent to participate in the program.
 3. Any student-athlete who does not wish to sign the consent form may choose not to do so and forgo participation in intercollegiate athletics. Student-athletes are free to refuse to consent to drug testing under this program. However, student-athletes who decline participation in the program, which is designed to protect the health and welfare of the student-athlete, will not be permitted to participate in intercollegiate athletics for King University and will result in loss of athletic scholarship in aid.
 4. A student-athlete who refuses to submit to drug testing as provided in this policy, after initially consenting to such testing, shall be considered to have made a decision not to participate in the program and will be immediately eliminated from all athletic activity, and result in loss of athletic scholarship in aid.
- B. Education of the student-athlete and others associated with King University Intercollegiate Athletics about alcohol and other drugs.
1. Each team and coaching staff will meet annually and at such other times as deemed necessary by the Head Athletic Trainer for educational sessions which will focus on, but not be limited to, information regarding the dangers of using performance-enhancing substances, illegal substances and alcohol.
 2. Drug and alcohol educational programs are designed with the following goals:
 - a. To educate, inform and teach those associated with intercollegiate athletic how to recognize the warning signs and side effects of specific drugs.
 - b. To educate the student-athlete and other appropriate personnel about the associated problems of drug and

- alcohol abuse, and how such use may adversely affect the student-athlete and his/her team and teammates.
- c. To encourage discussion about the use of drugs, tobacco products and consumption of alcohol.
 - d. To outline rehabilitation and treatment programs as well as referral.
3. Attendance of the student-athlete at the scheduled educational sessions is mandatory. Absence will be permitted only with the approval of the Head Coach. Unapproved absences will result in the student-athlete being required to attend a make-up session.
 4. Athletic trainers, team physicians and other responsible personnel should participate in these educational sessions. All coaches are expected to participate in a drug educational training session each year.
 5. Appropriate athletic department personnel (athletic directors, compliance directors, Dean of Students, and staff athletic trainers) will be expected to attend NCAA drug and alcohol education seminars, national clinics and seminars, and to participate in departmental drug educational training sessions in order to be informed of current information.

II. **Counseling Component**

- A. The purpose of the counseling component is to provide assistance, direction, and resources for student-athletes who need additional support as a result of positive tests, physician referral, or self-addressed needs. This component seeks to provide appropriate follow-up and rehabilitation of student-athletes testing positive while addressing their psychological, social, and medical well-being.
- B. Trained specialists identified by the Head Athletic Trainer will provide counseling. Referrals will originate with a team physician who shall be involved in developing an appropriate treatment plan. Counseling will be confidential.

III. **Drug Testing and NCAA Year Round Drug Testing**

King University Athletic Department will conduct a random sample drug testing at least two times each semester in addition to participating in the NCAA Year Round Drug Testing Program. Any student-athlete who tests positive in either the King University Drug Testing Program or the NCAA Program will be required to comply with all NCAA and King University Athletic Department disciplinary actions in addition to counseling.

A copy of the NCAA Year Round Drug Testing Program is on file in the Athletic Training Room and the Compliance Office.

An alcohol and drug-testing program through urinalysis methodology will be utilized.